

# Autism Navigator® How-To Guide for Families

## Roadmap for Going Through Content over 6 Months

### Course Roadmap



Weekly Topics for the Guided Tour	Domain	Guidebook (GB) Homework for the Next Week
<b>Week 1:</b> Getting Started	Play	GB 1 Slides 1-13
<b>Week 2:</b> Autism and Development	Lang	GB 2 Slides 1-22
<b>Week 3:</b> Taking Care of the Family	Social	GB 1 Slides 14-17 GB 3 Slides 1-19
<b>Week 4:</b> The Home Field Advantage—Supporting Learning in Everyday Activities	Emotional Regulation	GB 1 Slides 18-20; 31-37 GB 3 Slides 20-23
<b>Week 5:</b> Active Engagement Step 1—Coming Together	Self-Directed Learning	GB 3 Slides 24-26, 29
<b>Week 6:</b> Layer 1 Supports for a Shared Agenda with Your Child	Play	GB 1 Slides 21-28 GB 3 Slides 20-23
<b>Week 7:</b> Active Engagement Step 2—Keeping Together	Lang	GB 3 Slides 24-27, 29
<b>Week 8:</b> Layer 2 Supports for Reciprocity to Keep the Interaction Going	Social	GB 1 Slides 29-30,38-50 GB 3 Slides 20-23
<b>Week 9:</b> Active Engagement Step 3—Working Together	Emotional Regulation	GB 3 Slides 24-31
<b>Week 10:</b> Layer 3 Supports to Teach Your Child Better Skills	Self-Directed Learning	GB 4 Slides 1-7
<b>Week 11:</b> Recognizing Challenging Behaviors in Children with Autism	Play	GB 4 Slides 8-9
<b>Week 12:</b> Role of Emotional Regulation in Challenging Behaviors?	Lang	GB 4 Slides 10-12
<b>Week 13:</b> Interplay of AE, TS, and Challenging Behavior: Hone Your Observation Skills	Social	GB 4 Slides 13-21
<b>Week 14:</b> Figure Out the Functions of Challenging Behaviors—Communication & ER	Emotional Regulation	GB 4 Slides 22-25
<b>Week 15:</b> The Functional Assessment Process is as Simple as A-B-C	Self-Directed Learning	GB 4 Slides 26-33
<b>Week 16:</b> How Can a Positive Behavior Support Plan Help Your Child?	Play	GB 4 Slides 34-39
<b>Week 17:</b> Key Strategies and Supports for ASD: Communication & ER Replacements	Lang	GB 4 Slides 40-42
<b>Week 18:</b> Key Strategies and Supports for Children with ASD: Environmental Supports	Social	Library of Change with Early Intervention (LCEI)
<b>Week 19:</b> Intensity Needed to Achieve Meaningful Outcomes	Emotional Regulation	Library of Everyday Activities (LEA)
<b>Week 20:</b> Supporting Transitions Between Activities	Self-Directed Learning	LEA
<b>Week 21:</b> Going Out to Everyday Places—Parks, Restaurants, Outings, Doctors, and More	Play	LEA
<b>Week 22:</b> Better Skills to Get Ready for Childcare and Preschool	Lang	LEA
<b>Week 23:</b> Meaningful Outcomes—Keeping an Eye on Progress	Social	LEA
<b>Week 24:</b> Using the Tools that you Have: Celebrating Your Success and Looking Ahead		

