

Learner Outcomes

Unit 5 — Addressing Challenging Behaviors



Welcome to the Autism Navigator.

The learner outcomes for **Unit 5 – Addressing Challenging Behaviors** are listed below.

Upon completing Unit 5 of this course, you will be able to:

- List two reasons why young children with ASD have an increased likelihood of developing challenging behavior
- Describe a multicomponent functional assessment process to identify challenging behaviors and their functions
- List the most common functions of challenging behaviors in toddlers
- Describe five strategies to use to build consensus with and support families in the development and implementation of the behavior plan
- List five specific strategies to use for preventing challenging behavior and for teaching communication and emotional regulation replacement behaviors

Tips for successfully completing this course:

- Your level of energy and attention may be greater earlier in the day rather than at the end of a long workday. You may want to schedule your sessions earlier in the day.
- Break the unit down into small sections. The units are organized into sections that begin with a question. Consider working through one question at a time.
- Keep a notebook nearby to jot down notes, thoughts, and questions.
- Print the unit audio script and highlight information that you find important.